

TASTE OF TENNESSEE

Banana Pudding was not created in Tennessee, in fact there were no bananas in the United states until the 1840s and 1850s. It was then that a few bunches made their way from the West Indies to ports on the East Coast like New York and Charleston. They were a rare and perishable treat. Even today most of the bananas found in the USA come from other countries. In Tennessee they are an important ingredient in the official state dessert, Banana Pudding, they even have a National Banana Pudding Festival each year. Gather your friends and family and enjoy this yummy taste of Tennessee.

INGREDIENTS:

- 4 cups 1000mL milk
- 2 eggs
- $1\,^{1}\!\!/_{2}$ cups 300g white sugar
- ½ cup 75g all-purpose flour
- 1 (12 ounce) package vanilla cookies
- 3 ripe bananas, sliced about 1/4inch 6mm thick, or more to taste

PREPARATION:

- 1. Whisk milk and eggs together in a bowl.
- 2. Combine sugar and flour in a saucepan. Stir in milk mixture gradually.
- 3. Have an adult help you place the saucepan over medium heat; cook and keep stirring the mixture until it thickens to make the pudding. This takes about 10 minutes.
- 4. Cut Banana into slices.
- 5. Arrange an even layer of cookies in the bottom of a large bowl. Top with a layer of banana slices. Cover with a layer of pudding. Repeat layers with remaining cookies, banana slices, and pudding, ending with cookies.



UTENSILS: Whisk or fork Large Bowl Sauce pan Stovetop Knife

KALEIDOSCOPE PAGE

One way we can all get involved in missions is by praying for, and giving to missions and missionaries. Your church is part of a district, and each district has missionaries they care for and connect with. Missionaries can be missionaries sent out from your district to serve others around the world, or they may have been sent from another part of the world to serve on your district or in your country. There also may be retired missionaries who have come to live on your district. Do you have any missionaries in your church?

We pray for these missionaries whoever they are! We give to missions, so that others may know Jesus! Did you know Jesus prayed for you, and gave His all for you? Can you think of something that Jesus gave to you, that you can give for others? Jesus said, "when you give to others, you give to Me!"

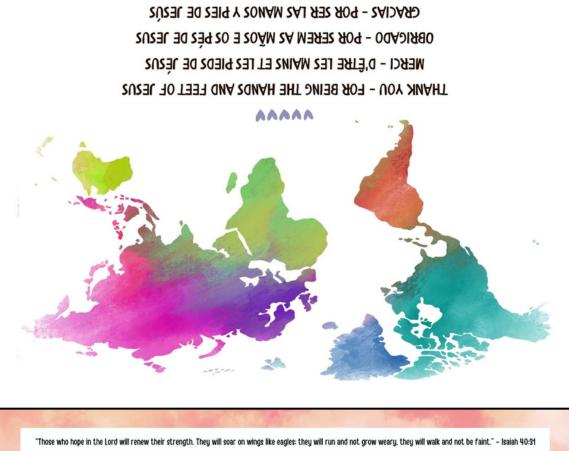


Jesus said, "Let the children come to me. Don't stop them! For the Kingdom of Heaven belongs to those who are like these children."

Matthew 19:14 NLT

KIDS KALEIDOSCOPE LETTER

Missionaries love knowing that people are praying for them. Getting a card or letter makes it even more special. Would you like to be part of a missionary support team? Now is your chance! Write a letter to the missionaries connected to your district using the card below. This card can be cut out and folded in the middle, and a picture can be drawn on the inside. While you are writing and drawing, don't forget to pray for these missionaries and their families! All missionaries need a great support system, and now you are a part of one!



"Those who hope in the Lord will renew their strength. They will soar on wings like eagles: they will run and not grow weary, they will walk and not be faint," - Isaiah 40-31 - Mais ceux qui se confient en l'Éternel renouvellent leur force. Ils prennent le vol comme les aigles : ils courent, et ne se lassent point, ils marchent, et ne se fatiguent point, - Ésaie 40-31 "Aqueles que esperam no Senhor renovam as suas forças. Voam alto como águias: correm e não ficam exaustos, andam e não se cansam. - Isaías 40-31 "Los que esperan a Jehová tendrán nuevas fuerzas: levantarán alas como las águilas: correrán, y no se cansarán: caminarán, y no se fatigarán." - Isaias 40-31

We are praying for you! - Nous prions pour vous ! Nós estamos rezando por você! - ¡Estamos orando por usted!

To/Para/À:_____

From/De/De:_____