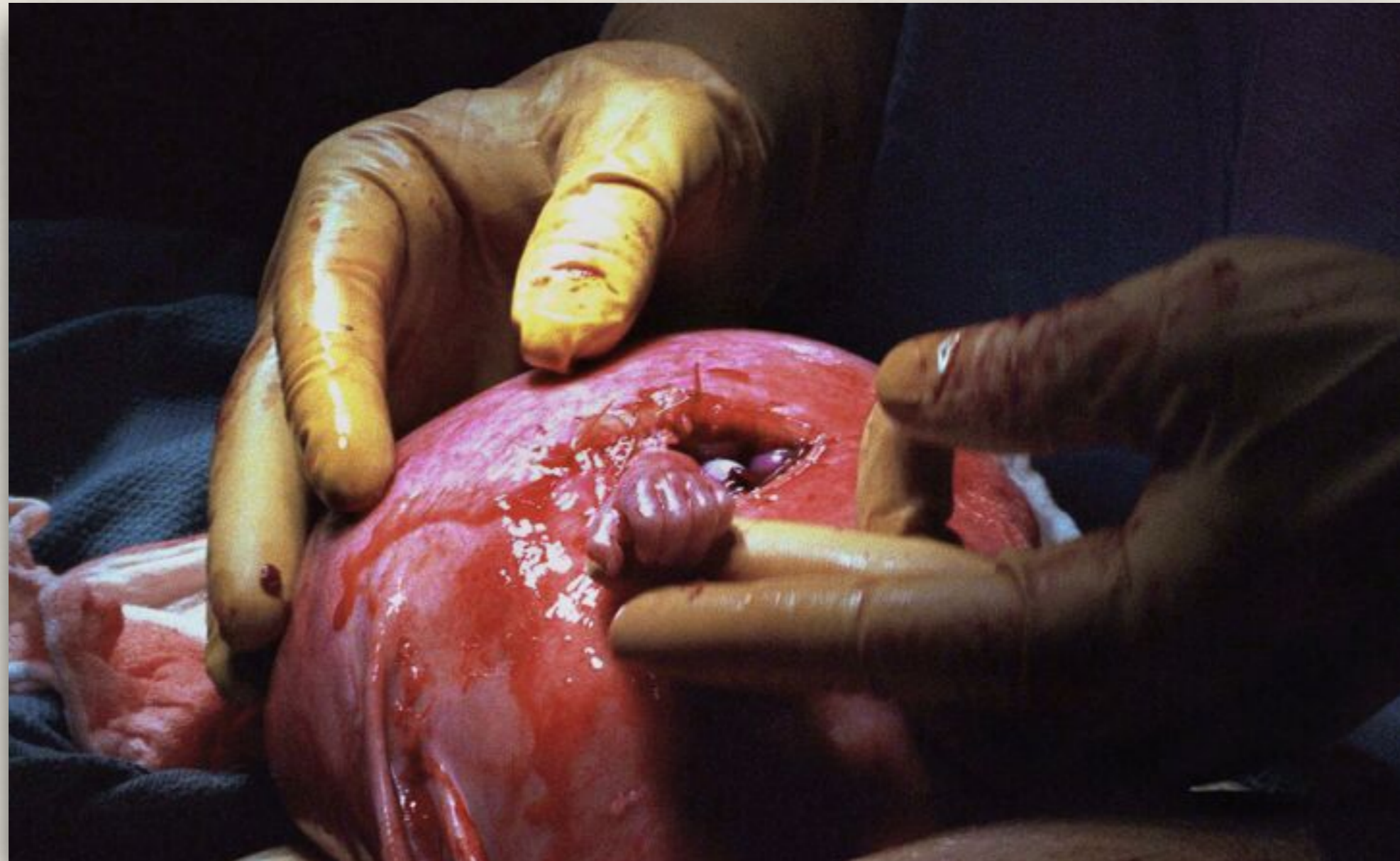


Created for Connection

Dr. Todd Frye

Garnett Church Of The Nazarene

Do we complete each other?



Dr. Joseph Bruner-21 weeks (Samuel Armas)

Connected Through Touch

Lending a Hand

Dr. Hillary Schaefer and Dr. Richard Davidson

- ❖ Wisconsin and Virginia University
- ❖ 16 couples (MRI)
- ❖ Periodically receive a mild electric shock to their ankle
- ❖ Resulting in peak areas of pain apprehension being activated in the brain
- ❖ The moment they felt the touch of their partners hand, activity level plunged in all the regions of the brain gearing up for threat.
- ❖ Touch between partners can blunt pain
- ❖ Blisters linger longer during marital strife

What does the Bible say?

- ❖ The LORD GOD said “it is not good for the man to be alone. I will make a helper suitable for him.” *Genesis 2:18*
- ❖ Human beings crave connection because they bear the image of God and it is not good for man to be alone.



This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one. **Genesis 2:24**

Loneliness _____ Unloneliness /
Intimacy

Types of Connectedness

- **Devine Connectedness**
satisfaction through intimacy with God
- **Couple Connectedness**
satisfaction through intimacy in marriage
- **Relational Connectedness**
satisfaction through close family and friends
- **Collective Connectedness**
satisfaction through belonging to a meaningful group



What does the Bible say?

- ❖ Then the LORD made a woman from the rib and brought her to Adam. "At last!" Adam exclaimed. "She is part of my own flesh and bone! She will be called 'woman', because she was taken out of a man." *Genesis 2:22-23*
- ❖ GOD saw all that he had made, and it was very good. *Genesis 1:31*





Good!

“Flesh of my flesh, bone of my bone”

WRITTEN ON OUR HEART!!



What Keep us From Connection



Adam and Eve

- ❖ Turned toward an object with an illusion that it would give them power and pleasure that was greater than the connection they already possessed.
- ❖ When they recognized their sin they experienced a separation from connection with each other and God.



Ways We Hide and Separate Ourselves from Connection

- ❖ We self medicate
 - ❖ Most in-debt, obese, addicted, medicated culture
- ❖ Blaming each other (a way to discharge pain and discomfort)
- ❖ Defending ourselves
- ❖ Busying ourselves



How do We Live a Connected Life

- ❖ By Living WHOLE HEARTED

- ❖ Dr. Brene Browning

- ❖ What do "whole hearted" people have in common?
 - ❖ They have COURAGE-latin "cor"(heart). To tell the story of who you are with your whole heart.
 - ❖ They have COMPASSION
 - ❖ They are AUTHENTIC
 - ❖ They fully embrace VULNERABILITY (what makes them vulnerable makes them beautiful)



We Can't be in Knee Deep



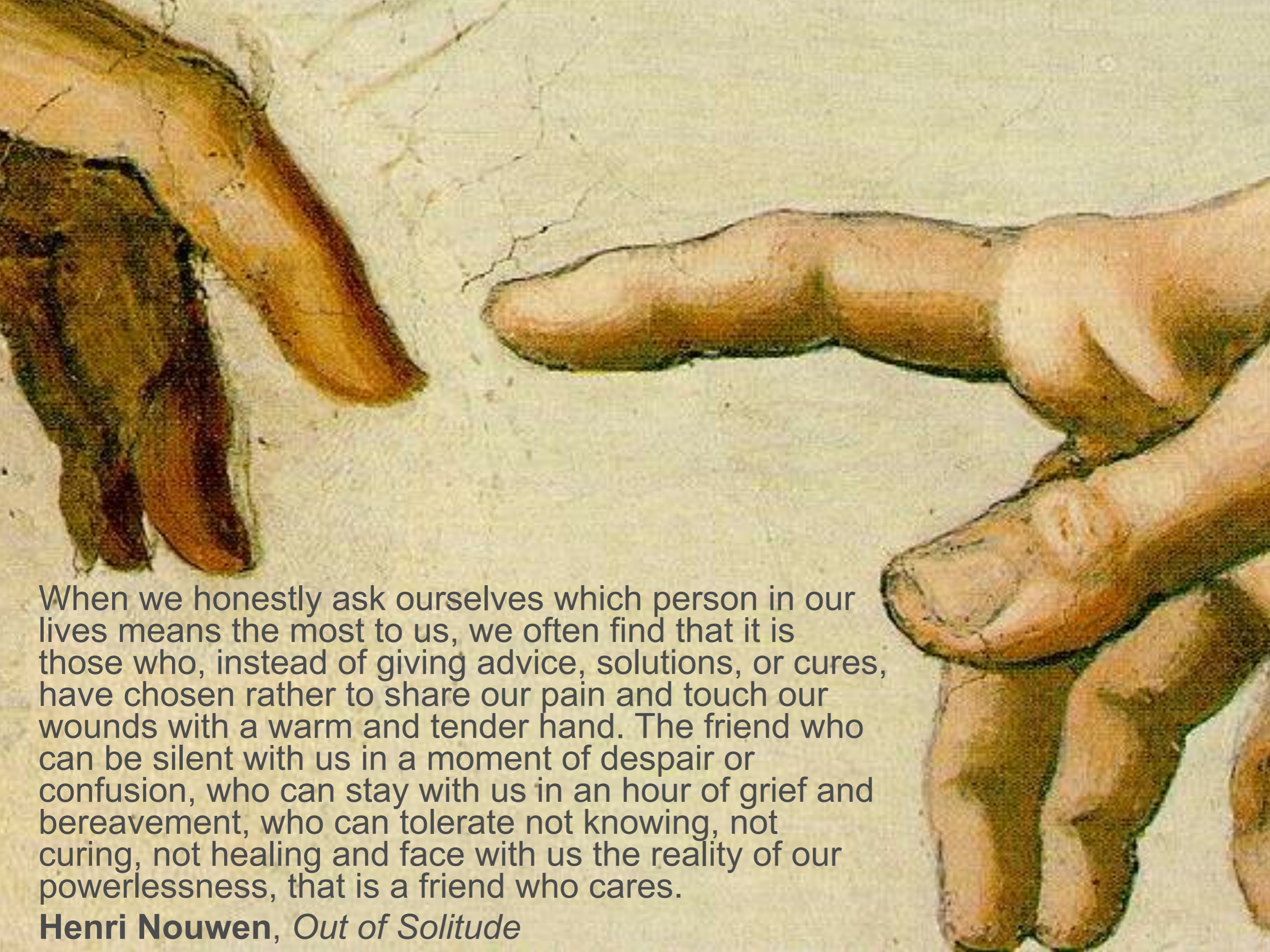
We Have to be *All the Way Under*



Vulnerability as a Means to Connection

- ❖ What does it mean to be vulnerable in your marriage?
 - ❖ Willingness to say I love you first
 - ❖ Allowing myself to show you tears
 - ❖ Reaching for your hand when I am afraid or anxious
 - ❖ Having to ask for help because I am sick
 - ❖ Listening rather than fixing





When we honestly ask ourselves which person in our lives means the most to us, we often find that it is those who, instead of giving advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a warm and tender hand. The friend who can be silent with us in a moment of despair or confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.

Henri Nouwen, *Out of Solitude*



Do we complete each other?

We are created for connection

Unless we stop hiding and start
living vulnerable

"whole hearted" lives

We will never know the gift of
connectedness given to us by God

Join me on March 3rd

Christ Community Church Olathe 9-6

*Steps Toward Achieving The Connection We Were Made For:
Four Types Of Intimacy*

Created for Connection

Hosted by: MarriageVine
MINISTRIES

*A Seminar To Help Couples Cultivate
the Closeness They Were Made For*



Led by
DR. TODD FRYE

Saturday, March 3, 2012

9:00am Morning Session
11:30am Lunch (*on your own*)
1:00pm Afternoon Session

LOCATION:

Christ Community Church of the Nazarene
21385 College Blvd.
Olathe, KS 66061



COST:

\$35/person (by March 1st)
\$50/person (after March 1st)

[Get Tickets](#)

There is something within each of us that hungers to be connected in a way that assures us of such elemental traits of love such as acceptance, comfort, significance, security, and joy. However, the struggle to stay connected with one another in a world that demands so much from us is a very common struggle for couples.

This seminar will help you discover the universal emotional, psychological, and sexual longings to feel deeply connected with your spouse. It will address the difficult patterns that couples often form in this struggle to connect. Dr. Todd will tackle the important topics of emotional and sexual intimacy. Whether you are newlyweds or seasoned, peaceful or at odds, deeply wounded or just wanting a tune-up, the Created for Connection Seminar can help you achieve the love relationship for which you were made.